

Grown ups...
Find Wildlife
Trust events and
nature reserves
near you:
wtrn.st/visit

How to use your weekly tracker

Your tracker is perfect for planning your activities for your wild month, using the handy weekly themes, or instead, use it to document memories. You can draw, stick and even paint on it.

Use this passport as a guide to explore, move, create and connect with nature. Tick off activities, help wildlife and enjoy the great outdoors. Adventure awaits, so grab your passport and let your wild journey begin!

This is your passport to a whole month of nature adventures.

How to use this passport

Get ready to stomp your way through June with a month packed full of fun, learning and of course, wildlife! Each week, we'll be focussing on a different theme and sharing exciting wild activities to try. You can make this challenge your own - whether that's with an activity a day or a few in a week.

Download your certificate

Completed YOUR wild month? You're truly a wild hero!

Look out for an email from us at the end of June with your 30 Days Wild certificate and show it off at home, in nursery or at your school.

Your wild adventure!

Share your experiences with friends and family and inspire others to embrace the wild.

Let's make 30 Days Wild 2026 the most exciting yet. What will YOU do first?

Grown ups: Tag us in your social media posts using #30DaysWild or email us at 30DaysWild@wildlifetrusts.org to share your adventures!

psst..

Head to wildlifewatch.org to learn more about The Wildlife Trusts, ways to support our mission to bring back lost wildlife and for free activity sheets!



Priya xx

I hope you have the wildest month ever!

30 Days Wild is the UK's biggest (and most fun) nature challenge.

Throughout June we want YOU to go as wild as possible. Whether that's an activity a day or setting a weekly goal throughout June, 30 Days Wild is here to help you connect with nature, support wildlife and enjoy the great outdoors.

What is 30 Days Wild?



The Wildlife Trusts

30 Days Wild your passport

Name(s).....

Age(s).....

Start your
adventure with
The Wildlife
Trusts

Let's go wild!

Here are a few ideas to get you started, how many can you tick off?

Get up early and watch the sunrise

© JON HAWKINS



Watch a wild webcam

(wildlifetrusts.org/webcams)



© TERRY WHITTAKER/2020VISION

Visit a nature reserve and photograph five colourful nature objects

© JON HAWKINS - SURREY HILLS PHOTOGRAPHY



Read a wild book or poem

© EMMA BRADSHAW

Lie on the floor and look for shapes in the clouds



© PETER CAIRNS/2020VISION

Go on a litter pick or beach clean



© ABE CLARKE

See how many ladybirds you can spot in one day



© DAWN MONROE

Smell flowers



© JON HAWKINS - SURREY HILLS PHOTOGRAPHY

Listen out for bird song

© AMY LEWIS



Hug a tree

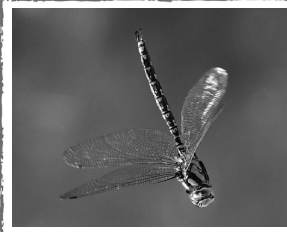


© PENNY DIXIE

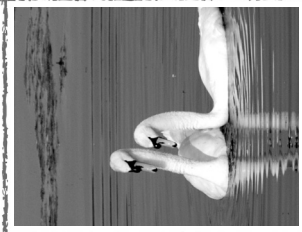
Need more ideas? Check out wildlifewatch.org for lots of wild activities!



Water habitats spotter



Southern hawker dragonfly



Mute swan



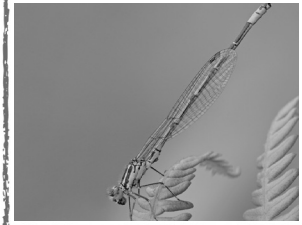
Grey heron



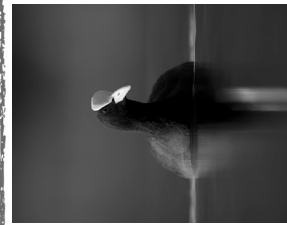
Common frog



Yellow flag iris



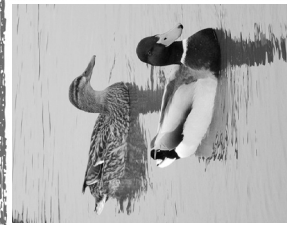
Azure damselfly



Coot



Willow tree



Mallard



Pond skater

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www.wildlifewatch.org.uk

My #30DaysWild weekly tracker

WEEK ONE – Helping wildlife where I live

1st - 7th June

USE THIS WALLCHART TO LOG YOUR ACTIVITIES OR PLAN YOUR 30 DAYS IN ADVANCE. YOU CAN EVEN GET CREATIVE WITH YOUR ENTRIES – DRAW, PAINT AND STICK ON YOUR WILD FINDINGS THROUGHOUT THE MONTH!

ASK YOUR PARENT/GUARDIAN/TEACHER TO SHARE PHOTOS ON SOCIAL MEDIA USING #30DAYSWILD

WEEK TWO – Discover wildlife with my senses

8th - 14th June

MY WEEKLY HIGHLIGHTS

ACTIVITIES I WANT TO COMPLETE

WEEK THREE – Learn about wildlife

15th - 21st June

WEEK FOUR – Get creative with nature and celebrate

22nd - 30th June

MY REFLECTIONS...

#30DaysWild

PAWPRINT BADGE!



GET YOUR HANDS ON AN EXCLUSIVE EMBROIDERED #30DAYSWILD BADGE FROM PAWPRINT FAMILY AT WTRUST/2026BADGE

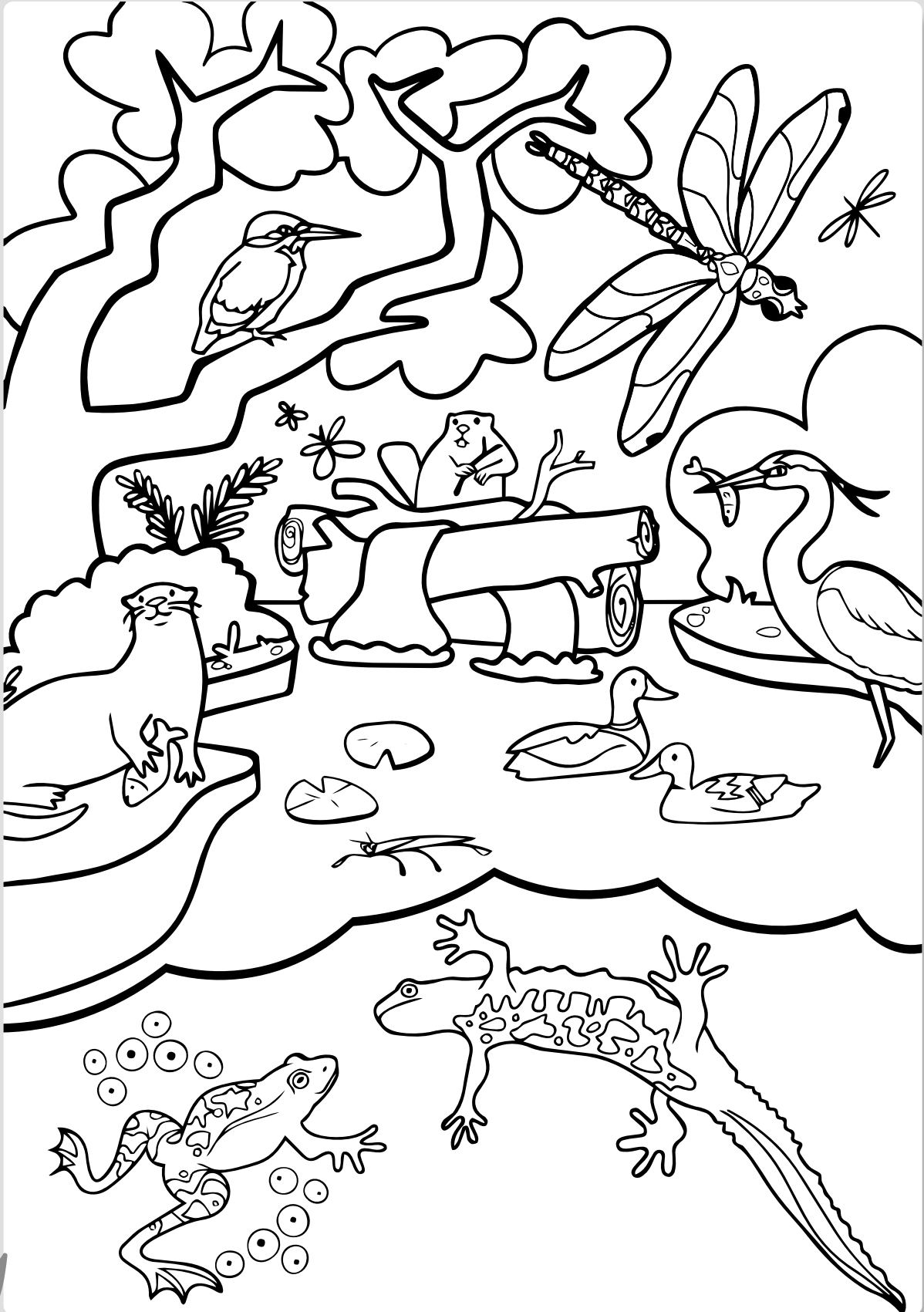
PSST, WANT TO SWAP YOUR CARDS?

Tell your friends and family to sign up to 30 Days Wild and trade cards!

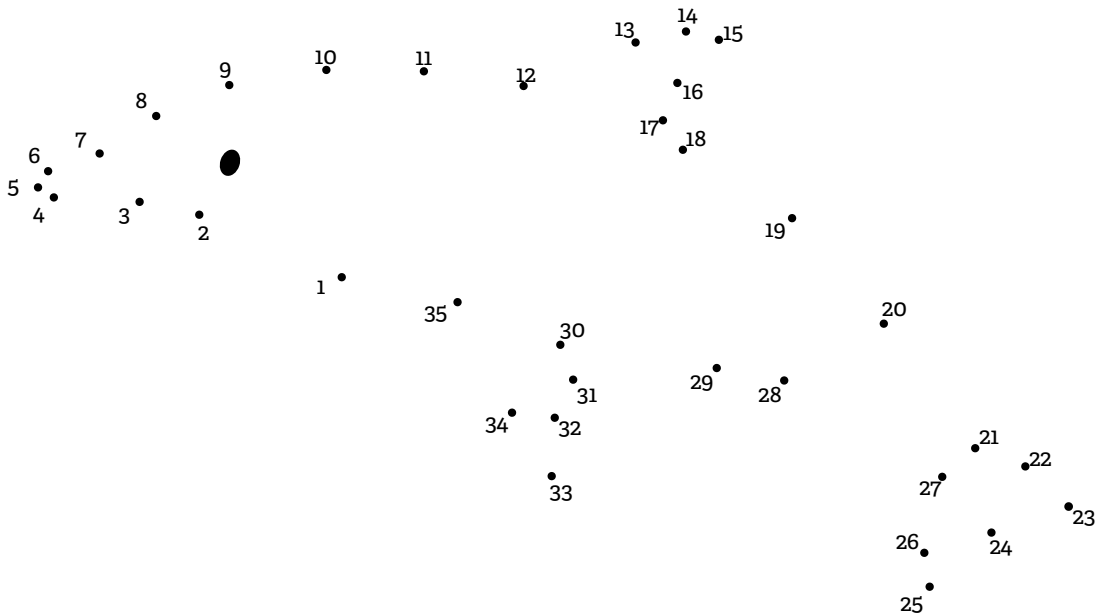
THANKS TO PLAYERS OF THE POSTCODE LOTTERY



30 Days Wild Colouring in



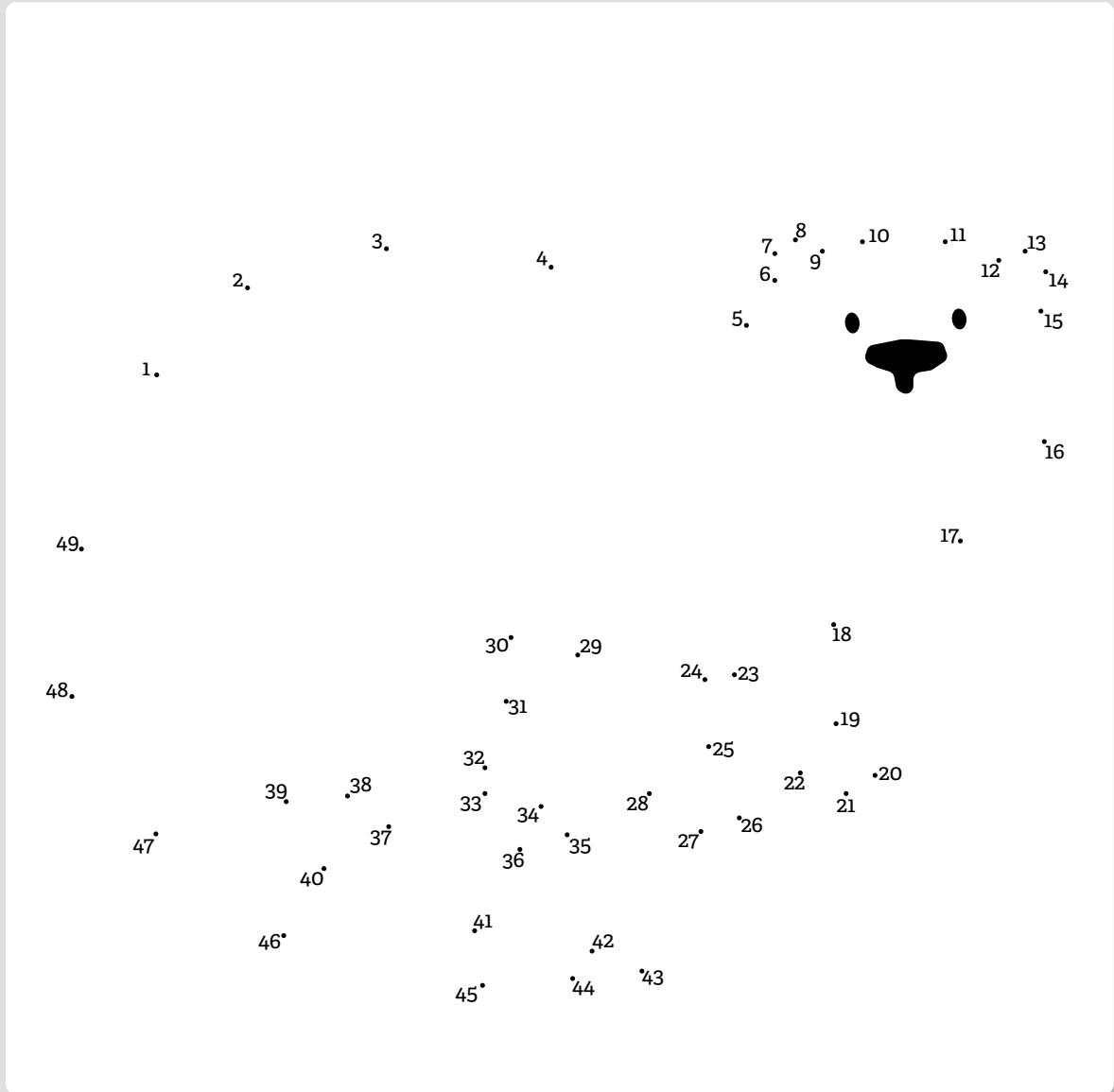
30 Days Wild Dot-to-dot



Who am I?

I like to race through the water with a pod of my friends and family. There are often 10-50 of us together, but sometimes there can be hundreds or even thousands!

30 Days Wild Dot-to-dot



Who am I?

I have more hairs per square centimetre than any other UK mammal! Around 70,000!

30 Days Wild Water Wordsearch

C E D I B L E C R A B H H E U S H P E M
V T I O G A R M T T M A A J N B I L T A
G J G M I L O O G H Y T T U T A S E T X
M E U R A S I A N O T T E R H N C S H O
H Q A V M L W M R E S B C B E O O W G M
O T W E B M L E A J O I A J M D M O R R
K E N A L I G A B A N T T M F E M N E F
H P D S T M R W R B T E O U R R O D A O
E K T D E E O R E D H N C B G S N I T E
B T H I I S R A B B F T H B R N O N C H
H K E D N Y V V E R E H B I E A C H R E
V W I G T W E T O E J E E R Y T T A E S
R A S N H E S G W L A C W D U C O N S O
T S L Y G R A H A R E L A A M H P D T U
G B I R E F N S R W W A R N A H U L E G
A T L A N T I C P U F F I N L E S O D H
D R T E W E D S E O S W E D I T W N N T
J I H A A B Y O H C T S T S O O V G E S
U L T N B O J G R E Y S E A L O O T W O
M L Y D E R E U T K R T H H U K R I T R

Eurasian otter
Grey seal
Common octopus
Atlantic puffin
Great crested newt

Mallard
Kingfisher
Common frog
Edible crab
Water vole