

Find the Four!



For Blindness Awareness Month and World Sight Day, The Wildlife Trusts and VICTA are setting you a Sensory-Scape challenge - Find the Four! The challenge is to identify **four** different things with **four** different senses.

This is a four senses nature scavenger hunt - by completing this challenge you will learn to engage with nature **WITHOUT** using your sight!

Time: One-two hours

Make sure that you wash your hands carefully after handling anything - and don't eat anything you find!

You'll need

- Something soft
- Something prickly
- Something wet
- Something smooth

You'll need

- Water
- Soil
- A tree
- A flower/fragrant leaves

Listen out for

- A bird singing
- A bush rustling
- A snapping sound
- A crunching sound

You'll need

- Something a bird eats
- Something an insect eats
- Something a squirrel eats
- A stinging nettle

Touch

Once you've found your four items or textures, use your hands, and not eyes, to explore the objects, and ask questions, for example:

- Do all trees feel the same?
- Are all leaves the same size and shape?
- Why are some things smooth and some things rough?

Smell

Smell each of the four items and ask the following questions:

- Do flowers, leaves and trees smell the same?
- What does a pond or water source smell like?
- If you rub the leaves with your finger first, do they smell stronger?

Hear

Go on an adventure and try to hear the four things on the left!

- Can you identify a bird just by the sound of its song?
- Can you hear the wind? How does it affect the other sounds?
- Can you hear any other types of animals?

Taste

Find four things that can be edible to wildlife. Make sure not to eat them, as some things can be dangerous for humans!

- Use your other senses to examine the objects
- Can you identify the type of berry, nut or seed that you've found?
- Did you find it difficult to find things? Talk about how wildlife might find their food